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CONFIDENTIAL CLIENT INFORMATION

Date: _____

Name _____

Address _____

Date of Birth _____ Age _____ Email address: _____

Main Phone _____ circle one: cell home work

Alternate Phone _____ circle one: cell home work

Occupation _____ Employer _____

Relationship Status:

Single Engaged Married Separated Divorced Widowed Partnered

Previous Mental Health Treatment:

Please list any psychiatrists, therapists, hospitals, self-help groups, and residential treatment centers, and the issues for which you were seen. _____

Describe any health concerns: _____

List drugs/medications you presently use and what they are prescribed for: _____

How were you referred to me? (check all that apply)

____ Doctor Referral - _____
(name)

____ Friend/Family - _____
(name)

____ Psychology Today website

____ Yelp

____ Other website _____

Emergency Contact: I require that you give me contact information for a person I can contact in case of emergency and it is to your benefit to do so. This contact will only be used if I believe you or someone else is in immediate danger or if you become ill and unable to continue or depart therapy without assistance.

Emergency Contact's Name: _____ Relationship _____

Address: _____

Phone Number: _____

Please initial your agreement for me to contact the above named person under the above named conditions.

Please describe briefly the concern(s) that bring you here: _____

Please check any of the following items which concern you:

- | | |
|---|---|
| <input type="checkbox"/> Self-esteem, self-confidence | <input type="checkbox"/> Family conflicts or pressures |
| <input type="checkbox"/> Anxiety, nervousness, fears | <input type="checkbox"/> Friendship conflicts |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Relationship/marital concerns |
| <input type="checkbox"/> Sexual concerns | <input type="checkbox"/> Shyness, being assertive |
| <input type="checkbox"/> Angry, hostile feelings | <input type="checkbox"/> Loneliness |
| <input type="checkbox"/> Traumatic experience | <input type="checkbox"/> Procrastination or motivation |
| <input type="checkbox"/> Physical distress | <input type="checkbox"/> Gay/Lesbian/Sexuality issues |
| <input type="checkbox"/> Eating or appetite problems | <input type="checkbox"/> Suicidal feelings or behaviors |
| <input type="checkbox"/> Alcohol or drug problems | <input type="checkbox"/> Stress |
| <input type="checkbox"/> Sleep problems | <input type="checkbox"/> Self-control |
| <input type="checkbox"/> Parent-child problems | <input type="checkbox"/> Health problems |
| <input type="checkbox"/> Other: _____ | <input type="checkbox"/> Work or career concerns |

Please put a *second* check next to those that are of *particular* concern to you right now.

Please list the members of your immediate family (include parents, siblings, spouse / partner, children, and all others in your home):

Name	Relationship	Age	Occupation	Education
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

FAMILY MENTAL HEALTH HISTORY

If YES, please check the box for all applicable family members

	NO ONE	Mother	Father	Sisters	Brothers	Cousins	Aunt/Uncle	Grandparents
Depression								
Bipolar Disorder								
Anxiety/Panic Disorder								
Eating Disorder								
ADD/ADHD								
Post-traumatic Stress Disorder (PTSD)								
Obsessive-Compulsive Disorder								
Borderline Personality Disorder								
Schizophrenia or Psychosis								
Alcohol or Other Substance Abuse								

Other family mental health information: _____

