

**Cynthia Netting, M.Ed., LPC-S, NCC**  
**Netting Counseling, LLC**  
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**CONFIDENTIAL CLIENT INFORMATION**

Date: \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Email address: \_\_\_\_\_

Main Phone \_\_\_\_\_ circle one: cell home work

Alternate Phone \_\_\_\_\_ circle one: cell home work

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Relationship Status:

Single  Engaged  Married  Separated  Divorced  Widowed  Partnered

Previous Mental Health Treatment:

Please list any psychiatrists, therapists, hospitals, self-help groups, and residential treatment centers, and the issues for which you were seen. \_\_\_\_\_

\_\_\_\_\_

Describe any health concerns: \_\_\_\_\_

\_\_\_\_\_

List drugs/medications you presently use and what they are prescribed for: \_\_\_\_\_

\_\_\_\_\_

How were you referred to me? (check all that apply)

\_\_\_\_ Doctor Referral - \_\_\_\_\_  
(name)

\_\_\_\_ Friend/Family - \_\_\_\_\_  
(name)

\_\_\_\_ Psychology Today website

\_\_\_\_ Yelp

\_\_\_\_ Other website \_\_\_\_\_

Emergency Contact: I require that you give me contact information for a person I can contact in case of emergency and it is to your benefit to do so. This contact will only be used if I believe you or someone else is in immediate danger or if you become ill and unable to continue or depart therapy without assistance.

Emergency Contact's Name: \_\_\_\_\_ Relationship \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Please initial your agreement for me to contact the above named person under the above named conditions.

\_\_\_\_\_

Please describe briefly the concern(s) that bring you here: \_\_\_\_\_

\_\_\_\_\_

Please check any of the following items which concern you:

- |   |   |
|---|---|
| <input type="checkbox"/> Self-esteem, self-confidence | <input type="checkbox"/> Family conflicts or pressures  |
| <input type="checkbox"/> Anxiety, nervousness, fears  | <input type="checkbox"/> Friendship conflicts           |
| <input type="checkbox"/> Depression                   | <input type="checkbox"/> Relationship/marital concerns  |
| <input type="checkbox"/> Sexual concerns              | <input type="checkbox"/> Shyness, being assertive       |
| <input type="checkbox"/> Angry, hostile feelings      | <input type="checkbox"/> Loneliness                     |
| <input type="checkbox"/> Traumatic experience         | <input type="checkbox"/> Procrastination or motivation  |
| <input type="checkbox"/> Physical distress            | <input type="checkbox"/> Gay/Lesbian/Sexuality issues   |
| <input type="checkbox"/> Eating or appetite problems  | <input type="checkbox"/> Suicidal feelings or behaviors |
| <input type="checkbox"/> Alcohol or drug problems     | <input type="checkbox"/> Stress                         |
| <input type="checkbox"/> Sleep problems               | <input type="checkbox"/> Self-control                   |
| <input type="checkbox"/> Parent-child problems        | <input type="checkbox"/> Health problems                |
| <input type="checkbox"/> Other: _____                 | <input type="checkbox"/> Work or career concerns        |

Please put a *second* check next to those that are of *particular* concern to you right now.

Please list the members of your immediate family (include parents, siblings, spouse / partner, children, etc):

Name	Relationship	Age	Occupation	Education
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

**FAMILY MENTAL HEALTH HISTORY**

If YES, please check the box for all applicable family members

	NO ONE	Mother	Father	Sisters	Brothers	Cousins	Aunt/Uncle	Grandparents
Depression								
Bipolar Disorder								
Anxiety/Panic Disorder								
Eating Disorder								
ADD/ADHD								
Post-traumatic Stress Disorder (PTSD)								
Obsessive-Compulsive Disorder								
Borderline Personality Disorder								
Schizophrenia or Psychosis								
Alcohol or Other Substance Abuse								

Other family mental health information: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_